



Solutions for business prosperity and successful life balance

For immediate release

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Contact:

Betsy Muller

The Indigo Connection, LLC

440.238.4731

Free workshop to focus on creative inspiration

STRONGSVILLE - The Artist's Way Study Group, based on the best selling book by Julia Cameron, focuses on a person's journey to free their inner creativity. A free introductory workshop, facilitated by Betsy Muller, a certified energy coach, will be held on Monday, October 15, at the Inner Harmony Wellness Center, in Strongsville. As an alternative, a teleclass will be offered on Sunday, October 21.

"Whether you write, paint, act or are seek creative ways to market your business, this class offers inspiration and healing so that you can live a divinely inspired life of success," said Muller, owner of The Indigo Connection.

The Artist's Way focuses on recovering your creativity from a variety of blocks, including limiting beliefs, fear, self-sabotage, jealousy, guilt, addictions and other inhibiting forces, replacing them with artistic confidence and productivity.

Muller, who was recently certified as an energy health practitioner, will weave energy coaching and Emotional Freedom Technique (EFT) into the workshop. Through EFT, people reduce stress and improve their emotional and physical health by harnessing their energy.

The workshop will be held Monday, October 15, at 7:00 p.m. Inner Harmony is located at 17075 Pearl Road, Strongsville, OH 44136. To register for the live workshop or the teleclass, call 440-572-5672 or 440-238-4731.

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